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FRAM and implementation of 'Safeward'

Describing and modelling a complex intervention

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The concept 'Safeward'

- 'Safeward' is a concept in Psychiatry to keep everyone in a ward as safe as possible and at the same time reduce the use of force
- The concept include implementation of ten interventions
- No sequence of implementing the ten interventions is proposed in the concept
- No description of the interaction and the dependencies between the ten interventions and everyday work is offered
- No description of the conditions needed for the interventions to succeed

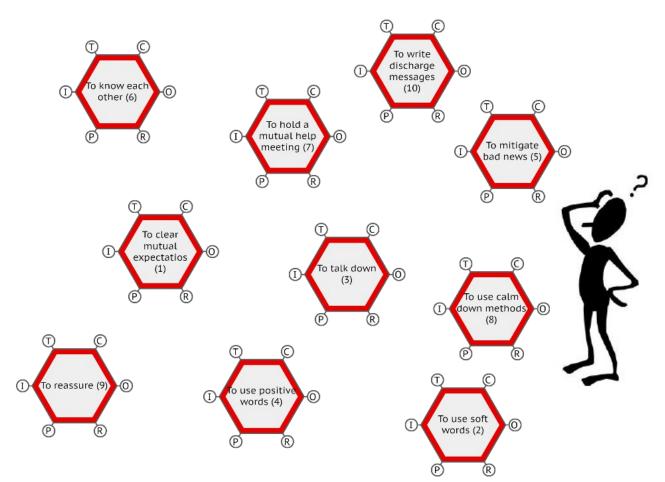
The ten interventions

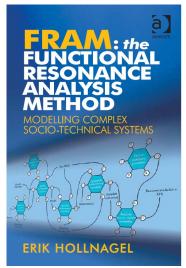
- 1. Clear mutual expectations
- 2. Soft words
- 3. Talk down
- 4. Positive words
- 5. Bad news mitigation
- 6. Know each other
- 7. Mutual help meeting
- 8. Calm down methods
- 9. Reassurance
- 10. Discharge messages

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The ten interventions as functions







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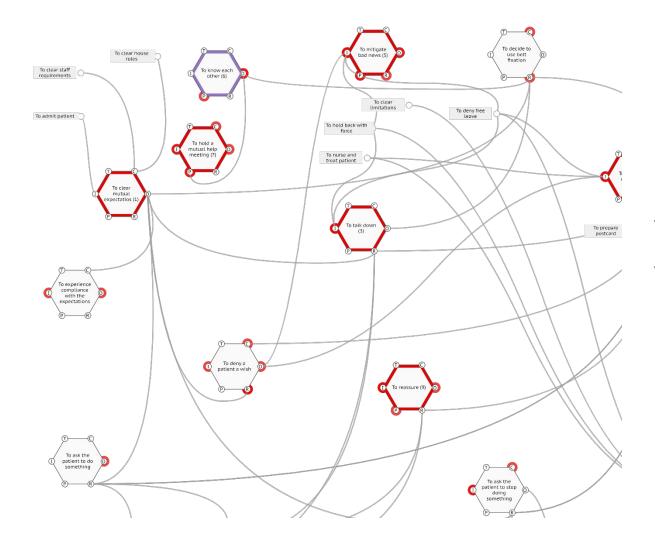
Searching for answers

- Reading literature about the concept
- Describing how the ten interventions interact and depend not only on each other but also on the functions of everyday work
- Modelling using FMV (FRAM Model Visualiser)

In cooperation with the health care professionals

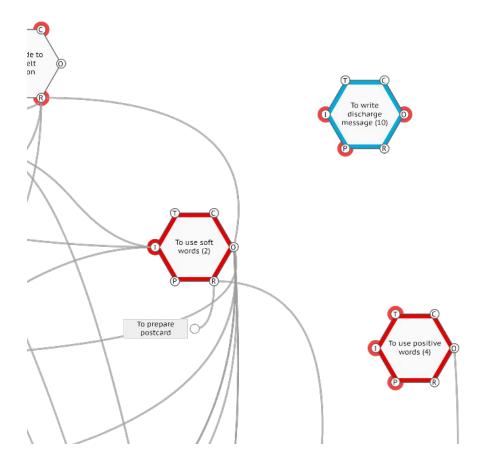


To decide to use belt fixation To mitigate bad news (5) To clear house rutes To clear staff requirements To know each other (6) To write discharge message (10) RAM mod To clear limitations To admit patient To hold back with force To hold a mutual help meeting (7) To nurse and treat patient To use soft words (2) To clear mutual expectatios (1) To talk down (3) To prepare postcard To use positive words (4) To experience compliance with the expectations To post message of the day in staff office To deny a patient a wish To reassure (9) To ask the patient to do something To ask the patient to stop doing To use calm down methods To change the poster with soft To prepare poster with soft words To report out in the shift handover Region Syddanmark 02-06-2016



Interactions and dependencies with everyday work and the other Safeward interventions

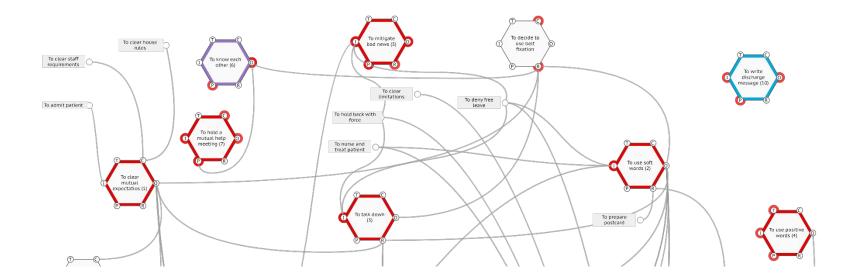




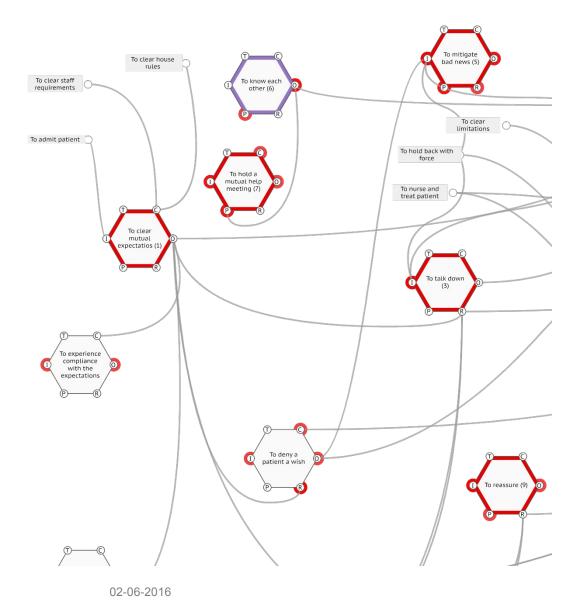
Not described interactions and dependencies



Intervention involving staff only (red), staff and patients (purple) and patients only (blue)







Unclear where the conditions are coming from



Conclusion

- The FRAM model showed that you can start the implementation of the interventions wherever you would like
- The model also showed which functions in everyday work and other interventions in the concept, a successful implementation of an intervention would depend on
- The FRAM model will be used to support local implementation of Safeward in the Psychiatry in the Region of Southern Denmark



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Thank you for listening!



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