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FRAM and implementation of *'Safeward'*

Describing and modelling a complex intervention

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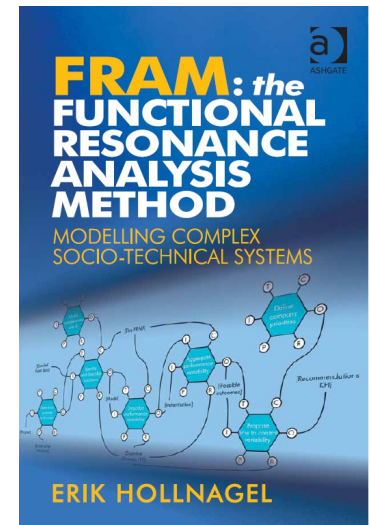
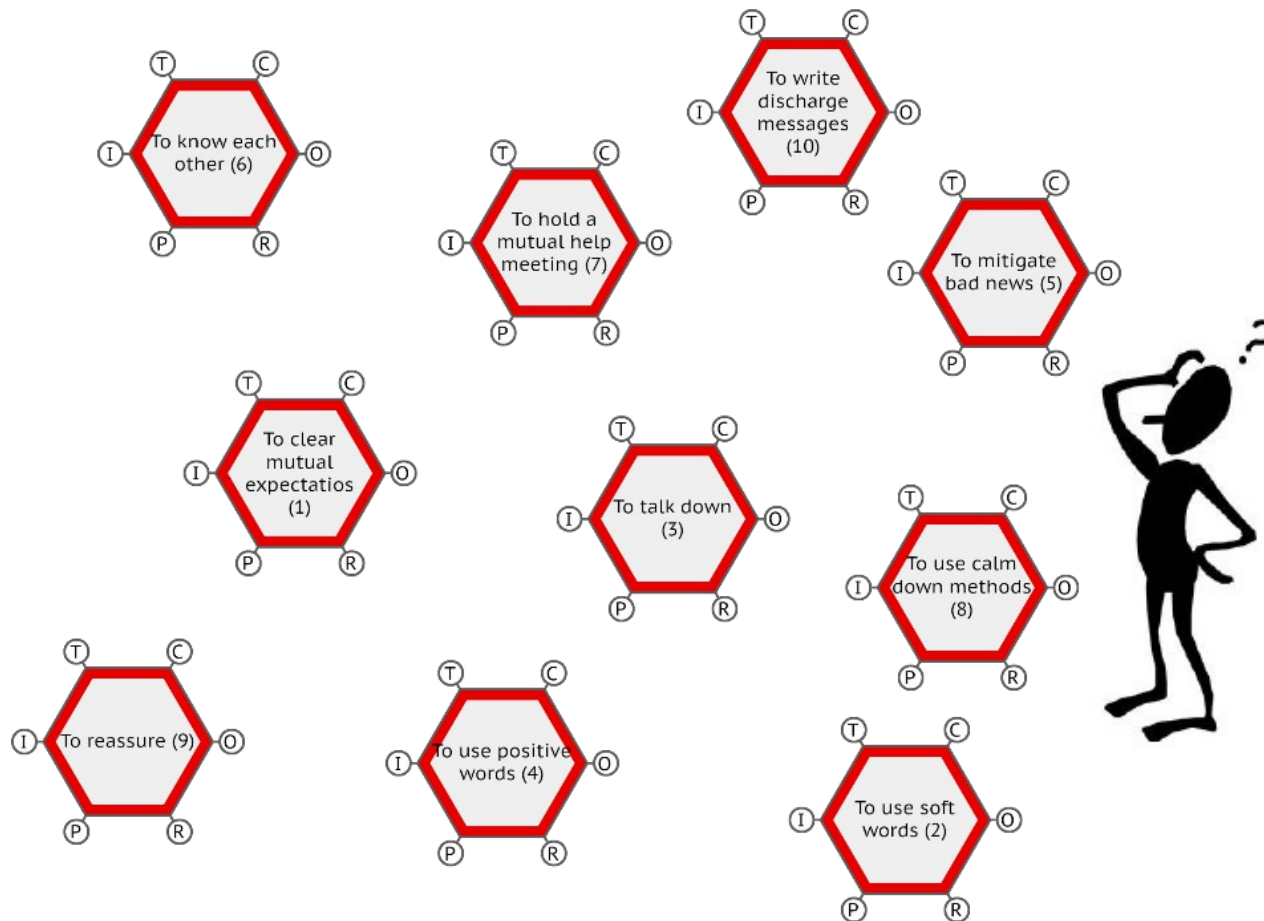
The concept 'Safeward'

- '*Safeward*' is a concept in Psychiatry to keep everyone in a ward as safe as possible and at the same time reduce the use of force
- The concept include implementation of ten interventions
- No sequence of implementing the ten interventions is proposed in the concept
- No description of the interaction and the dependencies between the ten interventions and everyday work is offered
- No description of the conditions needed for the interventions to succeed

The ten interventions

1. Clear mutual expectations
2. Soft words
3. Talk down
4. Positive words
5. Bad news mitigation
6. Know each other
7. Mutual help meeting
8. Calm down methods
9. Reassurance
10. Discharge messages

The ten interventions as functions

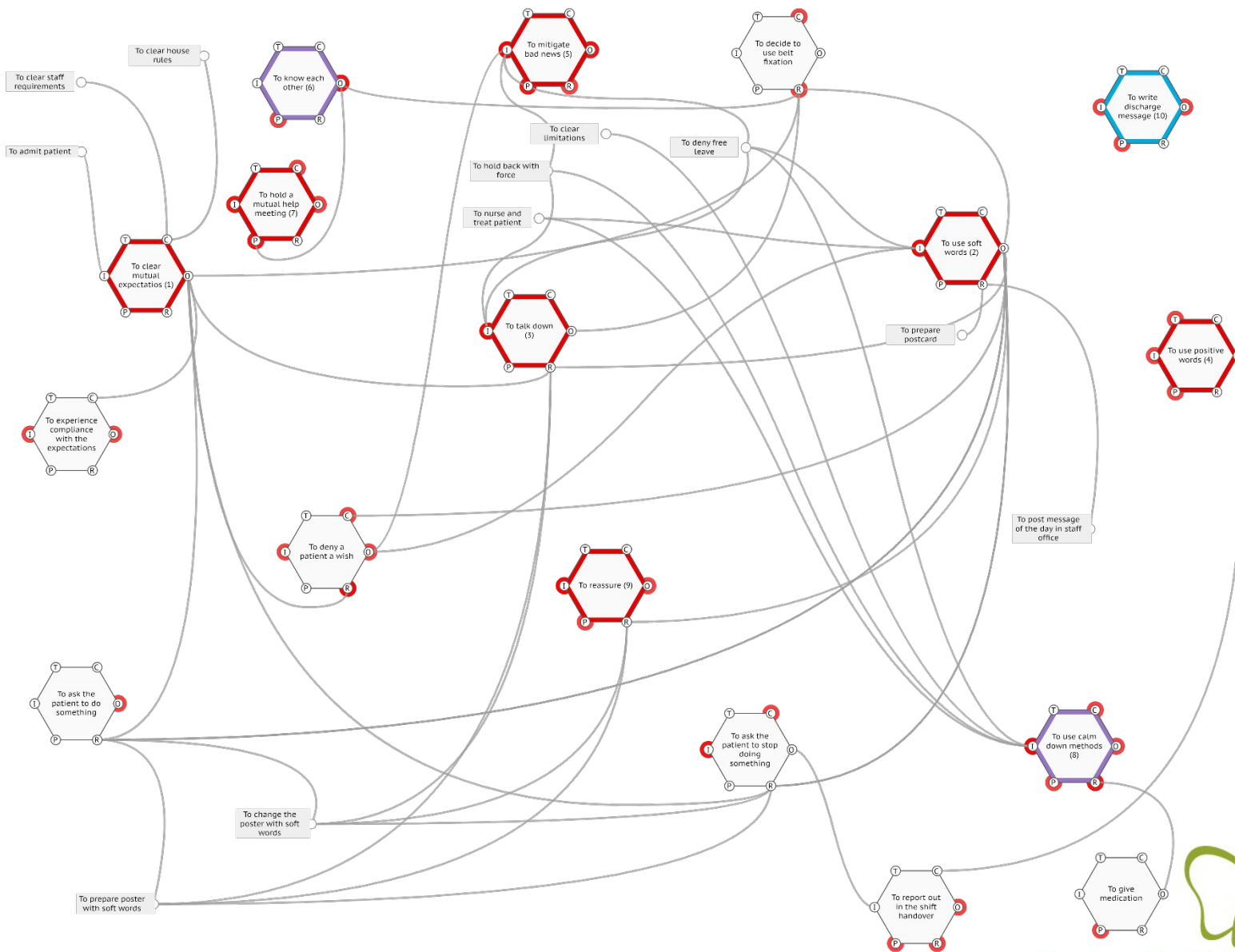


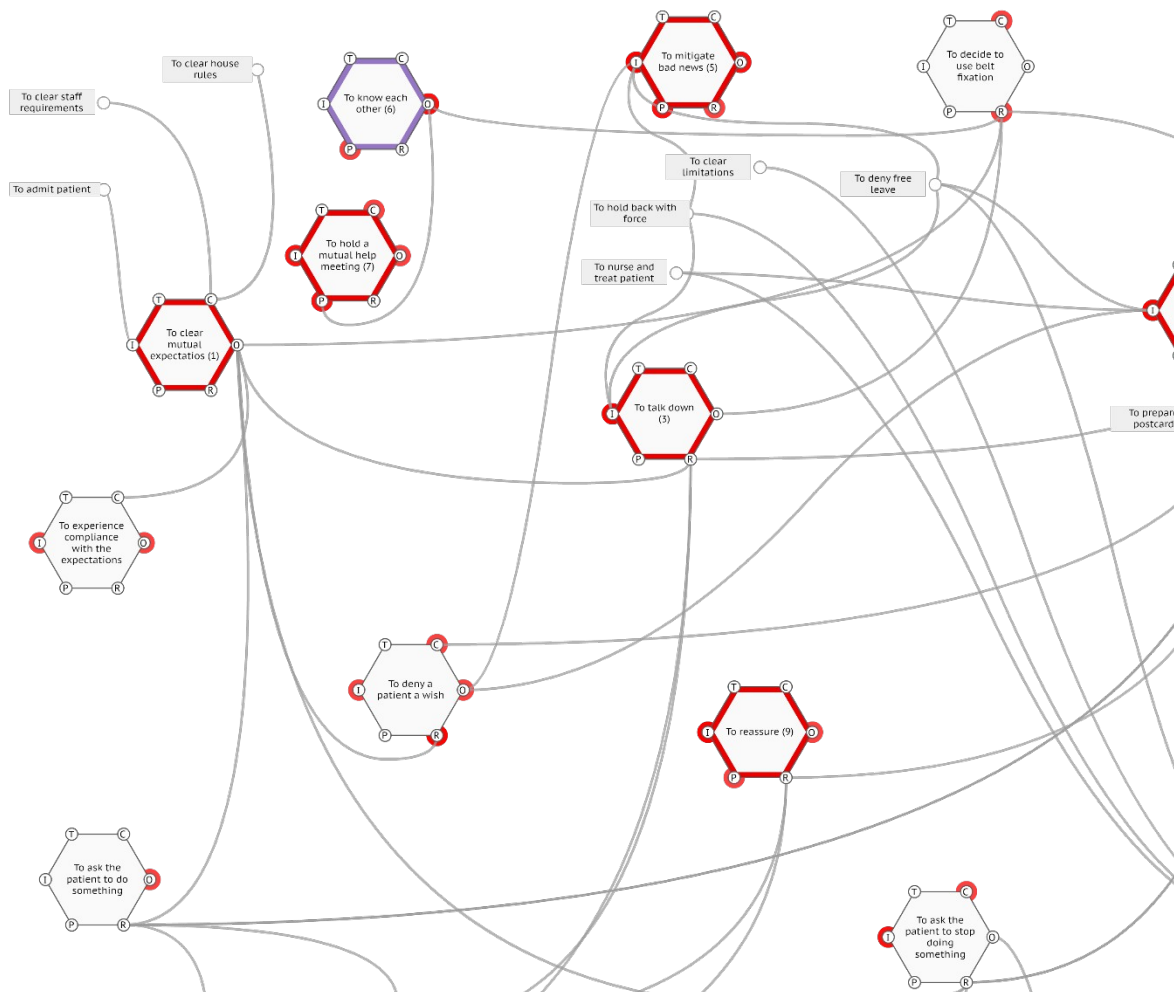
Searching for answers

- Reading literature about the concept
- Describing how the ten interventions interact and depend not only on each other but also on the functions of everyday work
- Modelling using FMV (FRAM Model Visualiser)

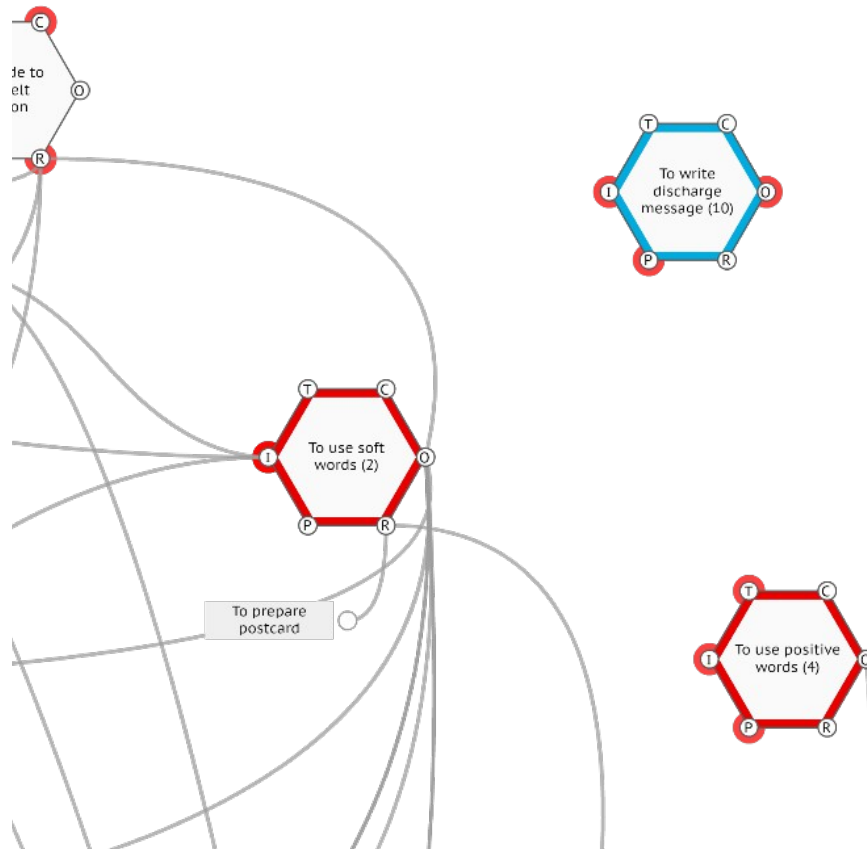
In cooperation with the health care professionals

FRAM model



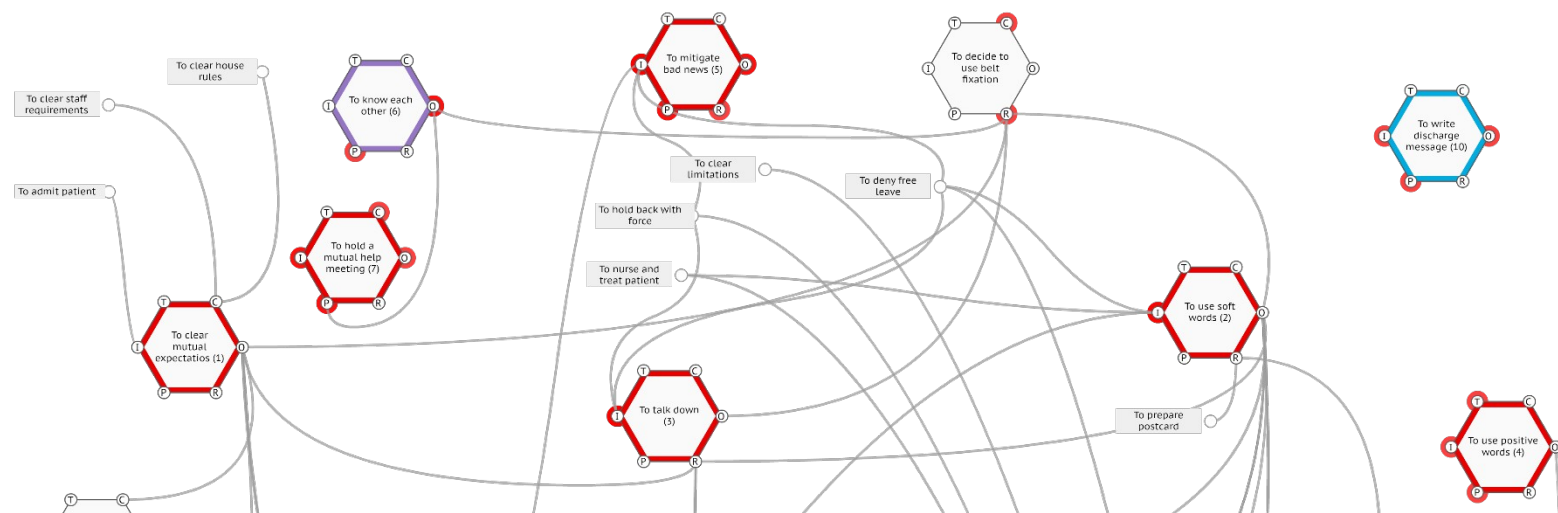


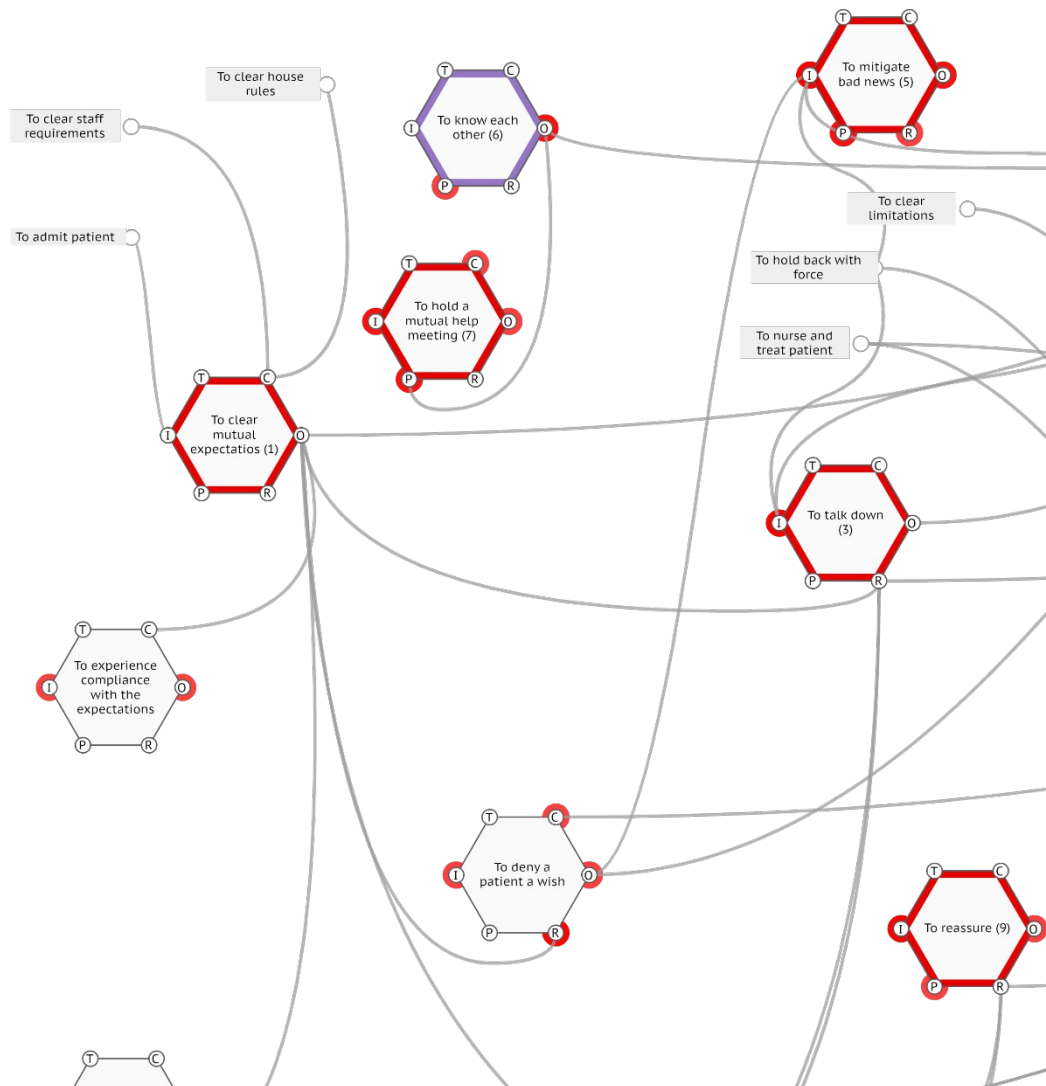
Interactions and dependencies with everyday work and the other Safeward interventions



Not described
interactions and
dependencies

Intervention involving staff only (red), staff and patients (purple) and patients only (blue)





Unclear where
the conditions
are coming from

Conclusion

- The FRAM model showed that you can start the implementation of the interventions wherever you would like
- The model also showed which functions in everyday work and other interventions in the concept, a successful implementation of an intervention would depend on
- The FRAM model will be used to support local implementation of *Safeward* in the Psychiatry in the Region of Southern Denmark

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Thank you for listening!



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